



## Straight from DeHart

Date: November 8/2006



Brew Tech located at 102-3699 Highway 97 (facing onto Commercial Drive) has a new owner. Former 20 year owners Jim McCormack and Mary Greer have retired and hobbyist winemaker for nearly 30 years, **Katherine Heisler** has bought the business. She was also a client of Brew Tech's for the past few years so it seemed a natural fit. Katherine was formerly in the advertising and marketing industry with Think Marketing. She has made some neat changes to Brew Tech including purchasing a new bottling machine, along with a new machine to put shrink labels on. She still offers the same top quality wine kits from "Winexpert." Call 765-5353.

This is great news. RCMP Superintendent **Don Harrison** has been promoted to "Chief Superintendent". Don't worry, he'll still be residing in Kelowna and working out of his existing office. He's really the "big cheese" now.

Former Manager, Special Projects for the City of Kelowna, **Hazel Christy** has moved to the District of Lake Country and is the new Director – Corporate Services. She's gone from planning to administration, but with Hazel's experience in planning, I'm sure they will be utilizing her excellent planning skills there too. Call her at 250-766-5650

**Cecilia Guerrero** sales director of the Grand Hotel has moved on and relocated to the lower mainland. She is now the director of sales and marketing for the new River Rock Casino Resort in Richmond.

Former co-president of Vadim Software, **Larry Smith** has incorporated his own company "Next Stage Consulting". He helps CEO's and Entrepreneurs get to the next stage by developing strategy, growing revenue and improving profits. He believes in building companies that are valuable, great places to work and are good corporate citizens. Call him at 764-5234 or 870-4040 or lsmith@nxtstage.com

**Dr. Jaana Koning** has opened Sunnyside Dental Care at #106-3957 Lakeshore Road in Mission Creek Plaza (next to Starbucks) and welcomes new patients. They specialize in dentistry for the whole family including regular dental care; cosmetic dental care (tooth whitening, veneers, bridges, implants and crowns) and

features digital X-ray, latex free and a children's area. Call 764-7794 [www.sunnysidedental.ca](http://www.sunnysidedental.ca)

The Chamber of Commerce has a new 2007 Board of Directors. Congratulations to new president **Laura Thurnheer** of UBC Okanagan. Newly elected directors are **Gord Hotchkiss** (Enquiro Search Solutions), **Bernard LaRose** (Canadian Western Bank), **Karen Luniw** (JobWave), **Perry Mack** (Prophet Media Group) and **Viki May** (Valley First Credit Union). Existing directors that will stay on to complete the last year of their two-year term are **Donna Gallagher**, (Gallagher & Co.), **Barbara Himmler** (TD Canada Trust), **Dr. Alan Jenks** (Kelowna Family Chiropractic and Massage), **Gavin Parry** (Coast Capri Hotel), **James Paterson** (Pushor Mitchell Lawyers LLP), **Wesley Shields** (Berge Horn Lawyers LLP) and **Gail Temple** (G Group of Companies). The outgoing 2006 president is **Kevin Crookes** of Grant Thornton LLP.

**Nataliya Budritsa** has opened a new esthetics shop in Scruples Hair Design at 1566 Pandosy Street. She offers microdermabrasion and cold laser packages along with full body care services, including pedicures, tinting and waxing, Along with that, there are aromatherapy massage, deep tissue massage, scalp treatments, back treatments and full and mini reflexology sessions. Nataliya's pricing is reasonable. Call 861-3848 or 212-2256

**Bonnie Bauer**, owner of Good Vibes Longevity Centre at 3525 Lakeshore Road is celebrating their grand opening from November 18-25. They specialize in advanced vibration training offering whole body vibration training. The "PowerPlate" produces a vibration through which energy is transferred to the body. This mechanical stimulus produces a stretch reflex which, depending on frequency, results in rapid and intense muscle contractions 30-50 times per second. By simply standing on the plate using different positions you can have a full body workout – working 97% of your muscle fibres at the neural level. Vibration training offers a host of benefits such as considerably improving muscle strength, flexibility, range of motion, lymphatic drainage, circulation and a sense of well being all in 10 minutes per session, three times a week. You can strengthen, stabilize, stretch and massage to improve your golf swing and strengthen legs for ski season. Power-Plate is now being used by professional golfers and sports teams. Bonnie invites you to come and try the experience and feel the vibe. Call 860-8398 or 718-8475

A new organic café has opened its doors at 1282 Ellis Street (across from the Cannery Lofts) and will be the first raw food restaurant in the B.C. Interior. Owned by **Rosemarie Hiltenkamp**, Rawdezvous Organic Café does not have a stove in sight and nothing is heated above 48 degrees Celsius, which doesn't mean you'll be limited to lettuce with carrot sticks. They serve salads and fruit smoothies as well as soup, burgers, pizza and their own version of pasta with marinara sauce. As well as being raw, everything at Rawdezvous is made from organic ingredients. Desserts featured are apple cake with vanilla cream and dairy free ice cream, chocolate mousse and blueberry pie, to name a few.

Their dishes are vegetarian and free of white sugar, eggs, dairy products and gluten. They do not use unfermented soy or grains, thus offering choices also to people with food allergies. Chef **Lynda Barrer** uses food processors, blenders and dehydrators to create dishes that have the familiar taste and texture of cooked food, while preserving key nutrients and enzymes. Many of these types of restaurants are already open in the U.S. and are drawing big attention. You can eat-in or take-out from 10am-6pm Tuesday to Sunday. They also offer catering and classes. Call 763-9515.

Just in time for the holiday season, Diane's Fine Jewellery and Gifts located in the Ramada Hotel at 2170 Harvey Avenue is having her annual special showing of the latest unique jewellery designs from three international designers on Saturday, November 18 (11am-5pm) and Sunday, November 19 (10:30am-4pm) in the Cedar Room of the hotel. The public is invited to attend. Call 762-2210

This Remembrance Day, honour and remember our veterans with an open house at the Okanagan Military Museum at 1424 Ellis Street (inside Memorial Arena) on Saturday, November 11<sup>th</sup> from 11am-4pm. Take an opportunity to explore our local history and heritage. The Military Museum serves to preserve, protect and present the Valley's proud military heritage and to honour the contribution made by valley residents to our national military history. The Museum houses a significant collection of military artifacts and firearms as well as exhibits that tell the story of the thousands of Okanagan residents who served and who still serve in the armed forces. Call 764-2417 for more info.

After viewing the Military Museum you can take in the Okanagan Symphony's performance of orchestral and choral music, using the power of the human voice that will resonate in song as a tribute to veterans past and present. Music director finalist **Pierre Simard** will be joined by baritone **Jon-Paul Decosse**, soprano soloist **Leah Meyer** and the harmonious sounds of the Okanagan Festival Singers as they raise their voices in a spirited performance of "We Will Remember." The concert is November 11 at the Kelowna Community Theatre at 8pm. For tickets call Ticket Master at 860-1470. They are only \$34 with two for the price of one for veterans, seniors and members of the legion at \$15. This is a one-time offer and the password "Legion" is to be used when ordering those tickets. [www.okanagansymphony.com](http://www.okanagansymphony.com)

The Bay is having their annual Fall Fundraising Gala "Twinkle, Twinkle, You're the Stars" on Sunday, November 12 from 6:30pm to 9pm. Tickets are only \$10 and will benefit the Look Good, Feel Better Foundation, an organization devoted to helping women to deal with the effects of cancer and cancer treatment. There will be lots of prizes, draws, gifts with purchase and live entertainment. Call 860-2483 (Cosmetic Dept.) for tickets and details.

The Third Annual 101-5 SILK FM Radiothon was a humongous success, raising a staggering \$121,706 for B.C. Children's Hospital. The Radiothon was broadcast live from Walmart and all monies go

directly for urgently needed research, equipment and education programs. I dropped down on Friday afternoon and could not believe the number of people at Walmart at the Radiothon and the number of phone calls being received. It was electrifying to be there and see the hundreds of people that were there to make this event the success it was. Kudos to morning duo **Andy and TJ** and all the 101-SILK-FM staff, volunteers and, of course, all the donors for your untiring participation. You made B.C. a better place to live.

This is a neat story. Got an e-mail from **Shayne Wouters**. He was demolishing a house on Abbott Street and found some pictures and slides dating back to the 50's and 60's with several receipts with the last name of "DeHart" on them. He contacted me and sure enough, they were pictures of Chris's aunt and uncle, along with his cousin Marianna and lots of friends. They had resided in two houses on Abbott Street. I have since mailed them to Marianna who was ecstatic to receive them. Thanks a million Shayne.

Can't imagine that anyone has not noticed the new paint job on the RE/MAX buildings on Harvey and Burtch, along with their new signage. What a difference. Formerly known as the "wedding cake building" (was light blue and white) it has been completely transformed and turned out beautiful. RE/MAX now occupies the whole first building and one-half of the second building (closest to Burtch) with reno's going on in the existing building. **Cliff Shillington** is the owner/managing broker of RE/MAX Kelowna.

The Holiday Festival of Creations, one of B.C. largest arts and crafts show of the season is being held at Prospera Place on Saturday, November 11 (12pm-8pm) and Sunday, November 12 (10am-5pm). The show features 200 gifted artisans from throughout Western Canada, displaying thousands of unique arts, crafts and food products, as well as gift giving and home decorating ideas perfect for the holiday season. Admission is only \$4 with children under 12 free, with fabulous door prizes to be won. A portion of the proceeds will benefit "Kids Care." For more info call **Ramona Schuster** 764-8083

After the Holiday Festival (or before) you can walk across to the Art and Craft Sale at the Rotary Centre for the Arts on Nov. 10 (4-9pm), 11<sup>th</sup> (noon-8pm) and 12<sup>th</sup> (10-5pm). There will be a diverse number of artists and artisans showing all kinds of works, including paintings, pottery, jewellery, sculpture, weaving, glasswork, fabric art and much more. There is no admission charge. Call **Evelyne MacMillan** for more info at 707-3090.

Do you love to sing in the shower? Do you croon in your car and ever wonder what it would be like to perform on stage? You can find out. The White Sails Chorus – Sweet Adelines International are hosting a "Diva's Wanted Campaign" with free vocal lessons and free introductory membership every Tuesday in November at 7:30pm at the Lutheran church Hall on Gibbs Road. It's a chance to see yourself shine with others. Call Margaret at 764-8808 or Loreta at 769-6658 for info.

Quote of the week – Shoot for the moon. Even if you miss it, you will land among the stars. (**Les Brown**).

Birthdays of the week – Happy 65<sup>th</sup> **Doug Large**, Freightliner Canada (Nov.6); **Bernice Sebastian** (Nov.9); **Gord Hunting**, Apple Valley Promotions (Nov.12); **Michael Wynne**, Holiday Inn Express (Nov. 12); Councillor **Brian Given** (Nov.13)

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